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Governor



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# State of Nevada Department of Health and Human Services

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Personal Care Agencies Training

Aging and Disability Services Division

Crystal Wren, Social Services Chief



10/27/2020

*Helping people. It's who we are and what we do.*



# Agenda

1. Required Trainings
2. Training Platforms Used
3. Trainings available but not mentioned by PCS Agencies

# Required Trainings

- NRS 449
  - Trainings to recognize and prevent abuse of older persons
  - Regulations requiring training relating specifically to cultural competency
  - Requirements for certain employees of an agency to provide personal care services in the home, community or another organization
    - Successful completion of training related to basic emergency care of a person in cardiac arrest, or
    - Successful completion of training related to the use and administration in first aid including cardiopulmonary resuscitation



# Required Trainings cont.

- NAC 449
  - Qualifications and trainings of caregivers
  - Special Diets and Diabetes require specific training
  - First aid and cardiopulmonary resuscitation
  - Bowel and bladder care
  - Administration of medication
  - Alzheimer's care; requires an endorsement
  - Maintenance of personnel files
  - Attendants required knowledge and training



# Additional NAC 449 References

- NAC 449: Residential Facility For Groups specifically:
  - Training for caregivers related to care for the elderly and those with physical disabilities
  - Training for caregivers related to care for adults with intellectual disabilities or adults with related conditions
  - Training for caregivers related to adults with mental illnesses
  - Training for caregivers related to adults with chronic illnesses and debilitating diseases
- NAC 449: Facilities for Adults during the Day
  - Orientation and training of employees and volunteers
- NAC 449: Home Health Agencies
  - Administrator qualifications



# Training Platforms Used

- Vida Training Center
  - <https://vidaseniorresource.com/nevada-home-care/vida-training-center>
  - Locations in Las Vegas Nevada, California and Idaho
  - They are a company that does both training of caregivers, and offers personal care as a service
- Relias
  - <https://www.relias.com/>
  - Worldwide
  - Industries: assisted living, skilled nursing and long-term care, home care, home health, hospice, and many more
  - Solutions: healthcare continuing education, CPR & First Aid, skin and wound care, and many more
  - Has a variety of free trainings in their resource library
  - Has a section dedicated to COVID-19



# Training Platforms Used cont.

- Beacon
  - <http://www.beaconhealthcareschool.com/info/>
  - Nationwide
  - Offers training for Personal Care, Home Health, Certified Nurse Aide, Patient Care Technician, EKG/Phlebotomy Technician
- In The Know
  - <https://www.knowingmore.com/login/>
  - Nationwide
  - Offers both instructor lead training as well as e-learning
  - Has a link for State Requirements that assists with linking their trainings to what your state requires
  - Most courses are \$99



# Training Platforms used cont.

- In house training offered by a licensed Registered Nursing Assistant
  - Includes CPR, how to appropriately transfer clients, using a Hoyer lift, basics of continence care.
  - Some trainings are offered to their PCA's in a group setting so they can all complete it at once time.
  - Any trainings not offered in house are required to be found by the PCA on an independent basis
- In house training offered by Administrator or other staff
  - Provider sent me the document of what they offered for the initial 16-hour training and the 8-hour annual training required thereafter
    - 16-hour training includes coverage related to all required areas per the NRS and NAC. This training includes a 382-page handout which has quizzes and tests, reading material, Medicaid Service Manual references, NAC/NRS references, and is accompanied by videos.
    - 8-hour training includes the same format as the 16-hour training but is 490 pages including more quizzes and tests annual refresher course for all areas required by the NRS/NAC.





# Trainings available but not mentioned by PCS Agencies

- Nevada Geriatric Education Center (NGEC) offers trainings that are open to the community.
  - <https://med.unr.edu/aging/ngec/upcoming-programs>
  - Additionally trainings are recorded for future reference and can be found on their website <https://med.unr.edu/aging/ngec/videos>
  - NGEC is also working on a training portal that can be referenced as well <https://med.unr.edu/aging/ngec/contact-us>
- Sanford Center for Aging
  - Some programs offered include exercise and healthy living
  - <https://med.unr.edu/aging/outreach/community-wellness>
  - (775) 235-8862 or email [sijiaq@unr.edu](mailto:sijiaq@unr.edu)
- Osher Lifelong Learning Institute (OLLI)
  - <https://olli.unr.edu/>
  - Phone: (775)784-8053. Email: [olli@unr.edu](mailto:olli@unr.edu)
- Cooperative Extension at University of Nevada Reno (UNR)
  - Offers a variety of exercise programs and cooking classes
  - <https://extension.unr.edu/events.aspx>
- Additional events offered by UNR can be found at
  - [https://events.unr.edu/event/efnep\\_free\\_online\\_nutrition\\_and\\_cooking\\_course?utm\\_campaign=widget&utm\\_medium=widget&utm\\_source=University+of+Nevada%3A+Reno](https://events.unr.edu/event/efnep_free_online_nutrition_and_cooking_course?utm_campaign=widget&utm_medium=widget&utm_source=University+of+Nevada%3A+Reno)





# Contact Information

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# Acronyms

- ADSD – Aging and Disability Services Division
- CBC – Community Based Care
- CPR – Cardiopulmonary Resuscitation
- PCA – Personal Care Aide
- PCS – Personal Care Services
- NAC – Nevada Administrative Code
- NGEC – Nevada Geriatric Education Center
- NRS – Nevada Revised Statute
- UNR – University of Nevada Reno